



ascta

Australian Swimming
Coaches & Teachers Association

*I love helping children learn to
do new things in the water!*

Swim
AUSTRALIA™
TEACHER

**COULD THIS BE
YOU?**

Would you like to share some of the joy that many others are already experiencing in their work? Take the first step and enrol in one of the Australian Swimming Coaches and Teachers Association's (ASCTA) nationally recognised and internationally acclaimed Swim Australia™ Teacher accredited training courses.

Choose to enrol in any of the three entry level courses to get started on an exciting new career. Or, if you already have the skills and knowledge, apply for recognition of current competency (RCC).

A **Swim Australia™ Teacher (SAT)** has the competence and knowledge to teach swimming and water safety to independent learners in groups of varying sizes. Successful Students of this course will gain a Statement of Attainment with the competencies required to deliver GST free, water related, personal safety and survival lessons.

A **Swim Australia™ Teacher of Babies and Toddlers (SAT B&T)** has the competence and knowledge to teach water familiarisation and basic swimming

and water safety to Caregivers and their dependent learners. A **Swim Australia™ Teacher of Competitive Swimming (SAT CS)** has the competence to deliver basic swimming squad sessions that develop the swimming technique of novice Swimmers - this is generally defined as Swimmers who are recent "Learn to Swim" graduates and are in the likes of a "mini squad" (usually around 10 years and under) and still acquiring the skills needed to transition into competition.

This Course is endorsed by the peak sporting body in Australia for swimming - Swimming Australia, as an entry level course of the swimming coaching accreditation pathway.

All entry level courses feature a best practise blended delivery technique. You will be provided with a Course CD ROM, or an online login enabling you to undertake self-paced theory study. The theory content features text with colour photos, videos and graphs for each Unit of Study. Upon completion of each Unit of Study, a series of randomised questions will be asked.

If you respond incorrectly you will receive instant feedback and will be able to study further then reanswer. You will then attend a Practical Induction for your selected course which focuses on transitioning you from theory to hands on practical. Once the practical Induction is complete you will undertake On the Job training under the supervision and direction of a Lead Teacher.

As your confidence and ability grows you will progressively become more involved in the lesson delivery until a competency Assessment determines you are at the required standard to work independently. How long this can take is determined by your skills, knowledge and abilities (nominal 30 hours).

The most popular course is the Swim Australia™ Teacher. Swim Australia™ Teacher accreditation is also a prerequisite for those wishing to gain specialised accreditations.

The **Swim Australia™ Teacher of Adults and Adolescents (SAT AA)** gives you the knowledge to work with teens and adults learning to swim later in life.

The **Swim Australia™ Teacher of Learners with a Disability (SAT LWD)** focuses on the skills you will need to teach swimmers with a range of physical, emotional and intellectual disabilities safely and effectively.

The **Swim Australia™ Teacher of Culturally and Linguistically Diverse (SAT CALD)** gives you the skills to plan and implement learn-to-swim programs which break down barriers to participation and meet the needs of these individuals in the community.

Gaining these additional SAT accreditations is a great way to diversify your knowledge base and better equip you to effectively deliver swimming and water safety education to ALL members of the community with ease.

It is also one way to renew your SAT accreditations for a further 4 years, via our re-accreditation process. Gaining another SAT accreditation will renew all your SAT accreditations for a further 4 years.

Course	Practical Induction	Number of Assessment(s)	Comments	Target Age of Learners	Topics
SAT	8 hours	3	Usual entry level course	4 - 12 years	The Aquatic Industry, Biomechanics, Introduction to Water, Water Safety and Aquatic Survival, Swimming Strokes, Excellence in Teaching
SAT B&T	5 hours	2	Stand alone course	0 - 4 years	The Aquatic Industry, Babies and Toddlers, Philosophy, Child Development, Early Childhood, Early Childhood Education, The Caregiver, The Teacher and the Child, Aquatic Skill Development, Program Planning and Delivery, Transitioning to the Preschool program, Environmental and Health Considerations
SAT CS	7 hours	1	Prerequisite for Bronze Coaching course	7 - 12 years	Swimming Organisations and Career Pathways, Being an Effective Coach, Biomechanics, Teaching and Coaching skills, Strokes, Training
SAT AA	Nil	1	SAT is a prerequisite	14 years and up	Adolescent and Adults Swimming, Factors in Adolescent and Adult swimming, Andragogy, Medical Considerations, Water familiarisation, Swimming and water safety skills, Lesson planning
SAT LWD	6 hours	1	SAT is a prerequisite	All ages	Swimming with Disabilities, Disability specific information, Implications and capabilities, Communication techniques, Biomechanics, Water introduction, Swimming strokes, Programming
SAT CALD	Nil	1	SAT is a prerequisite	All ages	Swimming around the World, Organisations, Variables in race, religion, culture, language and location, Adaptations for Teachers.

This chart provides a comparison between courses. Visit www.ascta.com and view the latest Course Calendars. Contact your local Course Administrator as listed on the Course Calendar for enrolment and specific course information.



“ I am amazed at how their success in the pool often spills over into other areas of their lives and gives them increased confidence and success. I feel very proud to have contributed to their lives in this way! ”

ASCTA is a not for profit, membership based organisation that strives to create the World's best swimming and water safety Teachers and highest performing swimming Coaches. One year of complimentary ASCTA Basic membership is included in SAT courses.

Maintaining ASCTA Membership means it's easier to reaccredit. Go to www.ascta.com to view the ASCTA Membership benefits. Contact the **ascta**OFFICE if you would like to join at a higher level.

Of course, insurance is provided whilst you are a course student. Upon accreditation, membership of ASCTA will allow you access to join the industry insurance scheme as well as providing an extensive range of professional development opportunities, discounts in the **ascta**SHOP and a range of ongoing privileges.

For further information on membership benefits of ASCTA, swimming Coaching, reaccreditation, insurance, conventions, other Teaching courses and Pool Plant Operations, visit www.ascta.com. If you'd like to set up or register a swim school, additional information can be found on ASCTA's swim school division - Swim Australia. Simply click on 'Swim Australia' from the ASCTA Home page.

All ASCTA's courses are recognised by the International Federation of Swim Teachers Associations (IFSTA) and endorsed by Swimming Australia - the peak national sporting organisation for swimming in Australia. ASCTA recognise international qualifications.

ASCTA is also a member of the Australian Water Safety Council and via **ascta**CARES supports the ongoing efforts of a range of charities.

At the **ascta**SHOP you can purchase a range of teaching tools and training aids to enhance the learning of your swimmers. We also stock a wide range of books and DVD's allowing you to research new ideas and best practice in the industry. You can shop online at www.ascta.com or visit us at our shop front at Shop 5, 74 Simpson Street in Beerwah, QLD.



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